



REGISTER NOW TO VOLUNTEER AND HELP
US PACK MEALS FOR THOSE IN NEED

PLATE 4 PLATE DAY

THURSDAY 16 OCTOBER 2025

CANBERRA • SYDNEY • MELBOURNE • ADELAIDE
PERTH • GOLD COAST • TOWNSVILLE • HOBART

WHAT IS THE PLATE 4 PLATE INITIATIVE?

Plate 4 Plate is an initiative created by Dr Sam Prince, the founder of Zambrero. It aims to help end world hunger. For every burrito, bowl, kids Zam Box or retail item that is purchased at Zambrero, a meal is donated to someone in need. Zambrero works with relief partners, Rise Against Hunger, Love Mercy Foundation and Foodbank to distribute meals locally and around the world on our behalf. To date we have donated over 90 million meals.

OUR IMPACT

Helping end world hunger already sounds like a good cause but the best part about it is that by feeding communities who would otherwise go hungry, we are sending children to school with full tummies – giving them, their families and community a better opportunity to thrive.

WORLD HUNGER IMPACT STATISTICS

- 733 MILLION PEOPLE GLOBALLY**
are still affected by hunger every day.
- 1 IN 5 AUSTRALIAN HOUSEHOLDS**
have faced severe food insecurity in the past year, making it nearly 2 million households.
- EVERY 15 SECONDS**
a child dies from malnutrition's deadly effects.

Source: wfp.org

WHAT IS PLATE 4 PLATE DAY? MEAL PACKING EVENTS

On **Thursday 16 October 2025** we're hosting our annual meal packing events alongside **Rise Against Hunger**. The success of these events rely on people like you to volunteer their time and help pack meals. As a team, we'll pack 1 million meals across 8 locations nationally.



CHECK OUT LAST YEAR'S P4P DAY HIGHLIGHTS



DOUBLE DONATIONS

Attending a meal packing event can sometimes be tricky, that's why we've created another way to contribute on Plate 4 Plate Day. On **Thursday, 16 October 2025** we will double Plate 4 Plate donations across all restaurants, globally. So there's not better day to order Zambrero catering for your team.

REGISTER TO VOLUNTEER NOW AT [ZAMBRERO.COM.AU/PLATE-4-PLATE-DAY](https://zambrero.com.au/plate-4-plate-day)



GET YOUR ORGANISATION INVOLVED CALLING FOR VOLUNTEERS

The success of these events rely on 4,000+ volunteers to help pack 1 million meals to be distributed by Rise Against Hunger to communities who need it to survive. Meal packing events are the perfect volunteer day for organisations. Your team will enjoy an exciting event, balancing good times with actually doing good! You bring the team - we'll provide the good vibes, snacks, incredible humanitarian impact stories and don't forget the stylish hair nets.

Ready to register? Visit the website, choose a location and timeslot and register your team.

*Note if registering teams in different states please select a state captain for each location as they will get the email correspondence for that location. Each location will require it's own point of contact.

MEAL PACKING EVENT VENUES THURSDAY 16 OCTOBER, 2025

STATE	VENUE ADDRESS	EVENT TIMES
ACT	National Hockey Centre 196 Mouat St (Entry via Riggall PI), Lyneham, ACT 2602	9:30am - 12pm
VIC	Melbourne Showgrounds Town Square Pavilion, Flemington, VIC 3032	9:30am - 12pm
		1pm - 3:30pm
NORTH QLD	Mercure Townsville 166-194 Woolcock St Service Rd, Currajong, QLD 4812	9:30am - 12pm
QLD	People First Stadium Nerang Broadbeach Rd, Carrara, QLD 4211	9:30am - 12pm
		1pm - 3:30pm
NSW	Carriageworks Bay 25, 245 Wilson St, Eveleigh, NSW 2015	9:30am - 12pm
		1pm - 3:30pm
SA	Adelaide Entertainment Centre 98 Port Rd, Hindmarsh, SA 5007	9:30am - 12pm
		1pm - 3:30pm
WA	Perth Convention and Exhibition Center 21 Mounts Bay Rd, Perth, WA 6000	9:30am - 12pm
		1pm - 3:30pm
TAS	Southern Tasmania Netball Association Creek Rd & Main Rd, New Town, TAS 7008	9:30am - 12pm

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