

Zambrero



PLATE4 PLATEDAY

THURSDAY 15 OCTOBER 2026

**CANBERRA • SYDNEY • MELBOURNE •
HOBART • ADELAIDE • PERTH •
GOLD COAST • TOWNSVILLE**

WHAT IS PLATE 4 PLATE DAY?

**ONE DAY. ONE MILLION+ MEALS.
THOUSANDS OF VOLUNTEERS
MAKING A REAL DIFFERENCE.**

Every year around World Food Day, Zambrero brings thousands of volunteers together across Australia for what is arguably one of the largest and most impactful team volunteering events. Across 8 cities and 13 sessions nationwide, we'll pack 1 million+ meals for communities experiencing food insecurity. It's a powerful opportunity for teams to come together, have lots of fun and create tangible impact.

GET YOUR TEAM INVOLVED

**LOOKING FOR A VOLUNTEERING
EXPERIENCE THAT YOUR TEAM WILL
GENUINELY ENJOY & REMEMBER?**

Plate 4 Plate Day combines purpose, team building and community impact in a high-energy, hands-on event. Whether you're a corporate team, school group, sporting club or community organisation, you'll work side-by-side to help pack 1 million life-changing meals.

WHY ORGANISATIONS LOVE VOLUNTEERING:

- Strengthen team connection & morale
- Supports CSR and ESG goals
- Create a tangible impact in just a few hours
- Join thousands of volunteers for a national movement to help end world hunger

**YOU BRING THE VOLUNTEERS,
WE'LL PROVIDE THE FEEL-GOOD
ATMOSPHERE, LIGHT SNACKS,
INSPIRING IMPACT STORIES, GROUP
PHOTOS AND STYLISH HAIR NETS.**



**REGISTER
NOW TO
VOLUNTEER**

**HELP US
PACK MEALS
FOR THOSE
IN NEED**

REGISTER TO VOLUNTEER



WHAT IS PLATE 4 PLATE?

Plate 4 Plate is an initiative to help end world hunger. For every regular or big burrito, bowl, kids Zam box or retail item purchased at Zambrero, a meal is donated to someone in need.

TO DATE WE'VE DONATED OVER 100 MILLION MEALS.

Zambrero works with hunger relief partners, Rise Against Hunger, Love Mercy Foundation and FoodBank Australia to distribute these meals both locally and globally on our behalf.

2025 WORLD HUNGER STATISTICS

2.3 BILLION PEOPLE GLOBALLY are facing food insecurity

~50% OF CHILD DEATHS UNDER 5 YRS in some regions are linked to malnutrition

1 IN 3 AUSTRALIAN HOUSEHOLDS (~ 3.5 million) have reported food insecurity

Sources:
[Love Mercy Foundation Impact Report 2025](#)
[Rise Against Hunger Impact Report 2025](#)
[FoodBank Australia Impact Report](#)

MEAL PACKING EVENT FAQs

DRESS CODE:

We'll be working hard together to pack 1 million meals so please wear comfortable clothes and closed toe shoes (preferably sneakers, for packing and dancing to Feel Good tunes).

ARRIVAL INSTRUCTION:

Please arrive at your meal packing event location 15 - 20 minutes early to allow time to sign in, put on a stylish hair net and receive a warm welcome from the Zam Fam followed by an event and safety briefing.

HUNGRY?

To eliminate cross contamination into the meal packs on the day, we will not be able to provide food to eat on site. We recommend eating before you come. However, water, energy drinks and light snacks will be available to keep the energy levels high.

BOOKED FOR A GROUP?

Please remember to share this pack and all event day information with your volunteer group(s).

CAMERA SHY?

We will be shooting video and photography all through-out the day, if this is of concern to you, please contact: p4p@zambrero.com

CAN'T VOLUNTEER OR CHANGE OF PLANS?

If your plans have changed and you can no longer volunteer, please let us know ASAP so we can find more helping hands. Plate 4 Plate Day wouldn't be possible without our amazing volunteers.

HELP US WITH DOUBLE DONATIONS

If you can't volunteer, we've created another way to support the cause. On Plate 4 Plate Day, we double donations in all Zambrero restaurants globally. It's the perfect opportunity to get your team together to eat lots of burritos, bowls, and treats by visiting your local restaurant or ordering delivery, and enjoy a Feel Good Mex meal while supporting double donations.

MORE QUESTIONS?

Please contact: p4p@zambrero.com

READY TO REGISTER?

1. Visit ZAMBRERO.COM.AU/PLATE4PLATEDAY
2. Choose a location and timeslot to register your organisation for
3. Add Plate 4 Plate Day: Thursday 15 October 2026 to your calendar!

*IMPORTANT:

If you want to register multiple teams in different sessions and/or states please allocate a different state team leader for each session as they will need to get the unique email correspondence for that location/session to pass onto each local volunteer.

REGISTER
NOW TO
VOLUNTEER



MEAL PACKING EVENT VENUES AND SESSION TIMES

LOCATION	VENUE ADDRESS	SESSION TIMES
Sydney, NSW	Carriageworks 245 Wilson Street, Eveleigh, NSW, 2015	9:30am–12:00pm 1:00pm–3:30pm
Canberra, ACT	National Hockey Centre 196 Mouat Street, Lyneham, ACT, 2602	9:30am–12:00pm
Melbourne, VIC	St Kilda Townhall 99A Carlisle Street, St Kilda, VIC, 3182	9:30am–12:00pm 1:00pm–3:30pm
Hobart, TAS	Citywide Baptist Church 400 Cambridge Road, Mornington, TAS, 7018	9:30am–12:00pm
Perth, WA	Perth Mess Hall 8 Francis Street, Perth, WA, 6000	9:30am–12:00pm 1:00pm–3:30pm
Adelaide, SA	Adelaide Entertainment Centre 98 Port Road, Hindmarsh, SA, 5007	9:30am–12:00pm 1:00pm–3:30pm
Gold Coast, QLD	People First Stadium 296 Nerang Broadbeach Road, Carrara, QLD, 4211	9:30am–12:00pm 1:00pm–3:30pm
Townsville, North QLD	Mecure Townsville 166 Woolcock Street, Currajong, QLD, 4812	9:30am–12:00pm

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